

Caring Solutions



760 469 4633
Fall 2018

Custom Care Solutions is a supporter of **Alzheimers Coachella Valley**, a non-profit organization that serves the entire Coachella Valley exclusively. All money raised stays here in the Coachella Valley to help Alzheimer's disease patients and their caregivers.

There is a brand new program that everyone should be aware of, introducing "**Club Journey**." Club Journey is a unique experience where the caregiver and diagnosed come to enjoy a completely social, safe and secure environment.

The mission of Club Journey is to give those struggling with AD a place where they can meet new friends, have lunch, engage in fun activities, or just sit and enjoy friendly conversation. It's up to you!

If you know of anyone feeling isolated and alone while facing Alzheimer's, have them get in touch with

Alzheimers Coachella Valley, they can help!

Changing the Face of Alzheimer's

At **Alzheimers Coachella Valley**, we focus on the **PERSON** and what is **STILL POSSIBLE**.

Our philosophy is to assist the individual and family whether it is providing resources, up-to-date information, and very importantly, socialization. We believe that "life goes on," and encourage both caregiver and loved one to tap into that and continue to live!



Club Journey

Join us every Tuesday at 10 a.m. to 1 p.m. for social time in a safe, secure setting. Enjoy new friends, fun activities, and lunch! Anyone in a dementia support group is welcome with their loved one.

Traveling the Journey Together

This eight-week social and educational program is for both the caregiver and loved

one. Experts in a variety of fields present a different topic each week. Participants then each meet in their own support groups and afterwards reunite for social time.

Our next **Traveling the Journey Together** series begins Oct. 12. Pre-screening is required and the series is limited to a maximum of eight couples.

See how ACV is Changing the Face of Alzheimer's one smile at a time.



**Alzheimers
Coachella Valley**

Become a "Friend of ACV"
and support these great programs.

Call (760) 776-3100

for an appointment or more information.

**Alzheimers Coachella Valley
Berger Charitable Foundation Center**
42600 Cook Street, Suite 125, Palm Desert



Custom Care Solutions will bring your loved one to Club Journey and stay with them so you can run errands or do chores. ACV welcomes family members to come and engage in social time with their loved one too! It's all up to you. This is all about creating new memories and not dwelling on the situation you may be going through, alone.

Custom Care Solutions will set up an appointment with ACV and you, so you can decide if Club Journey is right for you and your loved one. Just ask us for details, we can help. **760 469 4633 Custom Care Solutions**



Finding That Perfect Fit

How to find that caregiver that is just right for you...

There are always so many considerations when you find yourself looking for a caregiver. Not only does the person requiring service need to have someone they like, but the rest of the household needs to approve of him/her as well!

Will this person be someone I can trust? How about

cooking and the dogs? What about being reliable, friendly, and a great companion for your loved one?

All of these questions swirl around in your head when you start looking, so here are some helpful tips on how to select a good caregiver, as well as, a great company to back them up!

1 Know what you need. Do you need help getting ready for the day? Or, is getting rest at night an issue for you? Does the caregiver need to be a good cook?

Suggestion number one, make a list of all the assistance you are going to need. When you know exactly what you want, you are better equipped to articulate what you need. Not only will this help with finding the right person, but it will help with giving direction to the caregiver that is learning what you want them to do once they are in your home.

2 Make sure you are working with a company that is licensed by the state, does FBI and DOJ background checks, and has a HCO number.

In the event that there is a problem with breakage or personal injury, you'll be covered and will not have to worry about uncomfortable and costly situations with insurance and worker's compensation. One of the most common mistakes people make when look-

ing for a caregiver is finding one that is working as a self employed contract worker and not insured, bonded and hired without references being checked. Surely, you've heard the horror stories about seniors being taken advantage of, theft, and any number of crimes. It doesn't have to be that way! If you feel you must hire a caregiver on your own, demand to see their insurance certification and check into getting insurance coverage on your own. Check all references and never hire anyone without going through all of these procedures.

3 So, why use an agency like Custom Care Solutions? When you call us we start looking for a person that fits your needs. We've done all of the background and reference checks. We have some caregivers that have been with us for 20 years or more! We know the Coachella Valley, we know all of the right resources to contact when you need specialized help, and above all, we have a

trained courteous office staff to answer any questions you may have along the way.

4 Be specific as to the type of person you would like to have caring for your loved one. Do you want someone extroverted, talkative, opinionated, or has a strong sense of humor, or are you looking for someone who is more introverted, quiet, patient, or easy going? The more you can tell an agency about what type of person you prefer, the better chance you have of connecting with the right person, sooner.

5 Provide important information that caregivers will need to better serve your loved one. Likes and dislikes, what types of food, explain your customs or cultural traditions, how he or she likes to dress, etc.

These thoughtful and important tips will make your task of finding that perfect caregiver less stressful, much easier and ensure a successful client/caregiver relationship.